

UC San Diego Health™

# EXPLORE



## EXTERNSHIP PROGRAM

### Explore Student Nurse Externship

*Pursue your career goals at San Diego's  
only Academic Medical System*



# Vision

We see a world in which community representation stands at the forefront of a dynamic, diverse, and sustainable health workforce.

# Mission

To empower communities by providing clear, accessible, and guided career pathways into the wide world of health.

## Our Goals



Forge Career Pathways  
within UCSD, Across  
California, and Beyond



Educate & Equip  
Future Health  
Professionals



Create Experiences  
to Explore  
Health Fields



Championing  
Community  
Representation

## Externship Highlights:

- Welcome Orientation & Skills Training
- 120 Externship Hours
- RN Preceptor Pairing
- Access to Career Development Seminars & Community Networking Events
- Free Parking
- Awarded Certificate of Completion
- Extension of Externship (*pending manager approval*)

## Externship Locations

- Ambulatory Settings
- East Campus Medical Center
- Hillcrest Medical Center
- Jacobs Medical Center

*Based on Unit Availability*





## EXPLORE Externship

### *BSN & MSN Pathway*

#### **Overview:**

The Explore Student Nurse Externship provides BSN & MSN students with valuable clinical training, enabling them to gain direct patient care experience or contribute to quality improvement initiatives.

EXPLORE participants will have access to specialized training sessions and skill development seminars focused on preparing them for the workforce. Our externship program shares the goal of enhancing community representation to better serve our diverse patient population.



#### **Specialty Areas:**

Emergency Department (ED)

Intensive Care Units (ICU)

Nursing & Patient Education

Progressive Care Units (PCU)

Labor & Delivery / Post Partum (L&D / PP)

Neonatal Intensive Care Unit (NICU)



*"Thank you to the UCSD externship team for providing me the opportunity to hone my skills and learn how to become a safe and efficient RN. This program has inspired me and given me the confidence to continually improve as a new RN. Once I gain more experience, I am committed to giving back to the community by eventually becoming an RN preceptor. By doing so, I hope I can help teach future nursing students how to be safe, confident nurses with the proper skills to work efficiently, as I want them to experience what I gained during my time as a UCSD nurse extern."*

***Abigail Mallari***

*Azusa Pacific University*

*2024 Explore Extern*



### **One Semester Length Program**

- Fall, Spring, & Summer Sessions
- Extendable upon manager approval
- Access to additional experiences & seminars

# All Externship Qualifications

- RN Students are eligible to participate during their final academic year
- Enrollment in nursing program w/ active clinical affiliation at UCSDH through the Allied Health Professions Education Committee (AHPEC-N)
- Enrollment in externship course through your school's nursing program

## Annual Applications

*Explore Student Nurse Externship Program application opens for the following semesters:*

- **Summer Semester - Open January**
- **Fall Semester - Open February**
- **Spring Semester - Open August**

*For precise application dates and deadlines, please visit our application website.*

## Application Requirements:

- Resume/CV
- Cover Letter
- Two Letters of Reference
  - *Dated within 1 year*
- Completed Essay Questions
  - *Provided during application period.*
- Proof of Health Insurance



# Program Sponsor



# Program Partners



NORTH COUNTY SAN DIEGO

## Stay Connected With Us!



[rNSTUDENTS@HEALTH.UCSD.EDU](mailto:rNSTUDENTS@HEALTH.UCSD.EDU)



619-543-7596

***Join Our Mailing List!***